

WarrenCare News – An introduction from our Registered Manager

Welcome to the September 2014 edition of WarrenCare News.

It doesn't seem so long ago that our newsletter was published in the height of Summer, with an article providing advice on how to keep both yourself and Service Users cool during the hot weather. Autumn is here already and the nights are drawing in. With it comes another set of challenges, with some older people especially, feeling a little isolated with the shorter days. It's good to know then, that WarrenCare Support and Care staff are out there on a daily basis helping people who often would not see anyone throughout the day.

I would like to thank all of you for all of your hard work and commitment to WarrenCare recently. Your efforts are genuinely appreciated by myself and the Co-ordination teams and by all of the Service Users who look forward to your visits on a daily basis.

Michelle Francis – Registered Manager

Employee Survey iPad Winner Revealed!!

You may remember recently, that we sent an employee survey to all members of current WarrenCare Staff.



Firstly, we would like to thank you all for completing the employee survey and sharing your thoughts and views, which are very much valued. We are aiming to analyse all of the responses and produce a report and action plan by mid-October. Details of which will appear in a future newsletter.

All of those who completed the survey and attached their contact details were entered into a prize draw to win a fantastic new iPad Mini!

On a sunny September afternoon, we invited a randomly selected Care Worker, (thank you Gary Banks for stepping into the limelight) to draw a name from the hat, expertly presided over by our independent adjudicator (Chloe from the HR Department).

The winner of the draw, winning an iPad Mini was **Sandra Leppert**.

Congratulations Sandra, we hope that you enjoy your prize. Once again thank you to everyone who completed and returned their surveys.

Football Team Sponsorship Deal

WarrenCare are very proud to announce a sponsorship deal with local Under 14s football team, the Sefton Warriors!

The Warriors can be seen regularly playing in Buckley Hill in Bootle, and will now proudly wear the WarrenCare logo on their shirts. Look out in future issues for photographs and news on how the team are doing. We hope that you join us in wishing the team the best of luck for the season ahead.



Recommend a Friend for £100!



Do you know any fellow Care Workers, friends or family member who might be interested in working for Warren Care? Warren Care is launching a 'Recommend a Friend' scheme, whereby you can recommend a friend or family member to work for Warren Care and if their application is successful then you will receive a reward bonus once they have completed their probationary period of employment! Should the person you have recommended successfully commence employment with Warren Care you will

be issued with a voucher which can be redeemed when they have completed 3 months service to the value of £100.

If you have any queries about the scheme or if you would like to recommend a friend please do not hesitate to contact HR on **0151 924 1999**. We will look forward to receiving your recommendations.

Stay Safe & Healthy this Autumn

The crisp weather and colour-changing leaves make it a great time to spruce up your home, go for a drive, walk your pets or cosy up indoors. But Winter bugs emerge and out on the road there is the potential for danger. It's important to be aware of your surroundings.

Here are some health and safety tips for a safe and enjoyable Autumn:

- Wash your hands. One of the best ways to avoid getting sick is to wash them regularly and thoroughly. Use hot water, plenty of soap, and wash for at least 30 seconds.
- If you're a workaholic and get sick, avoid going to work and spreading it to your team. Your boss and colleagues will thank you because group productivity won't be at risk. It's easier to deal with one person away from the office than several, all because you coughed on them.
- When you're outside and it's chilly, wear a jacket. It sounds pretty basic, but you'd be surprised how many people think they're "tough guys" walking around in a t-shirt when it's 10 degrees out.
- With fewer hours of daylight, it can be difficult to see pedestrians or cyclists clearly, so if you don't have automatic headlights, make sure they are on at the onset of dusk.
- In the mornings, the sun can be extremely bright, making it difficult to see brake lights ahead. Keep a pair of sunglasses in your car to reduce glare and protect your vision.
- Keep an emergency kit in your car boot. Some can be found in stores already pre-made for convenience, but if you want to create your own, be sure to include a torch, first-aid kit, jumper cables, windshield washer fluid and basic tools. You might even consider purchasing a car battery charger if you have a long commute each day.

Are you an avid tweeter? Why not follow us on Twitter **@optimocare** for regular and up to date news updates from WarrenCare and TLC Homecare. You can also keep up to date with news and vacancies at WarrenCare by visiting www.warrencare.co.uk